



Re:Center Ministries

Prepare a Meal

Note: Re:Center is not a soup kitchen. We do not have opportunities for volunteers to serve a meal that we have already prepared. Both opportunities below are designed so that volunteers create the menu, purchase the ingredients, and prepare/serve the meal. Thank you for your understanding!

	Option #1: Drop-In Shelter	Option #2: LifeChange Program
Overview	Feed homeless women and young children who visit Re:Center's Drop-In Shelter during the day.	Feed men who live in Re:Center's LifeChange Program while working hard to overcome homelessness.
Location	Louisville Campus 757 South Brook Street Louisville, KY 40203 Park on either Brook or College Street. There is free parking along both sides of each street. Come to the Emergency Shelter entrance (single door entrance to the left of the courtyard on Brook Street) and ring the doorbell upon arrival.	Louisville Campus 757 South Brook Street Louisville, KY 40203 Park on either Brook or College Street. There is free parking along both sides of each street. Come to the visitor entrance (single door entrance on College Street) and ring the doorbell upon arrival.
Available Meals	Breakfast: Distributed weekdays at 8 a.m. Lunch: Distributed weekdays at 11:30 a.m.	Breakfast: Served daily at 7:30 a.m. Lunch: Served weekends at 12 p.m. Dinner: Served daily at 6 p.m.
Delivery/Service	Drop off at least 30 minutes prior to distribution times.	If preparing off-site: <ul style="list-style-type: none">• Arrive at least 15 minutes prior to breakfast and lunch service times.• Arrive at least 30 minutes prior to dinner service time. If preparing on-site: <ul style="list-style-type: none">• Arrive as early as desired.

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	Option #1: Drop-In Shelter	Option #2: LifeChange Program
Frequency	Serve as little as just once... OR ...as often as daily, weekly, monthly, quarterly, etc.	Serve as little as just once... OR ...as often as daily, weekly, monthly, quarterly, etc.
# of Clients Feeding	Breakfast: 20 people Lunch: 20 people	Weekday Breakfasts: 21 people Weekday Dinners: 32 people All Weekend Meals: 32 people
Meal Preparation	Volunteers pitch in on purchasing ingredients or take responsibility for different components of the meal. Preparation takes place off-site. Meals must be individually boxed/bagged with disposable utensils included (if needed).	Volunteers pitch in on purchasing ingredients or take responsibility for different components of the meal. Preparation can take place off-site and brought in ready (or nearly ready) to serve, or can take place in our full, commercial kitchen. Disposable plates, utensils, and cups are recommended but not required.
Meal Suggestions	Aim for hearty and filling, yet healthy and balanced. Use as much fresh produce and whole grains as possible. Dessert and non-alcoholic beverages are optional.	Aim for hearty and filling, yet healthy and balanced. Use as much fresh produce and whole grains as possible. Please do not make deli sandwiches for lunch. Dessert and non-alcoholic beverages are optional.
Age of Volunteers	Open to kids, teens, and adults.	Open to kids, teens, and adults. Children must be closely supervised at all times while at Re:Center. Everyone under 18 must be accompanied by an adult.
# of Volunteers	Open to individuals and groups of any size.	Open to individuals and groups of up to 15 people.

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	Option #1: Drop-In Shelter	Option #2: LifeChange Program
Client Interaction	Volunteers will drop off the boxed meals and therefore will not interact with guests of the Drop-In Program.	<p>Volunteers usually eat with residents of the LifeChange Program, however it is certainly not required.</p> <p>If volunteers choose to interact with the residents, please be sensitive to their privacy and do not ask questions about their life story or attempt to witness to them. (They engage in gospel-centered counseling, devotionals, and classes multiple times each day with staff.)</p> <p>Instead, talk about neutral topics like hobbies, sports, movies, music, books, food, popular culture, current events, hometowns, weather, etc.</p>
Spiritual Beliefs	Volunteers must either be in full agreement with or agree not to be divisive about Re:Center Ministries' core values, statement of faith, and philosophy of ministry.	Volunteers must either be in full agreement with or agree not to be divisive about Re:Center Ministries' core values, statement of faith, and philosophy of ministry.
Re:Center Contact	<p>Onboarding & Scheduling: Director of Community Relations</p> <p>On-Site: Director of Drop-In Shelter</p>	<p>Onboarding & Scheduling: Director of Community Relations</p> <p>On-Site: Program Aide</p>